



3 Teaspoons = 1 Tablespoon
 16 Tablespoons = 1 Cup
 1 Teaspoon = 1/2 Ounce
 1 Cup = 8 Ounces

2 Cups = 1 Pint
 4 Cups = 1 Quart
 2 Pints = 1 Quart
 4 Quarts = 1 Gallon

